

Emyr Afan Paris-Geneva Cycle Challenge

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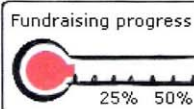
Page close:

In memory of: Reverend Jc



My father and Me - fy arwr/my hero

Fundraising target: £1,500.00
Donations to date: £ 700.00



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Our personal message:

Paris to Geneva 22 - 27 June - 325 miles Diolch am ymweld a am eich cefnogaeth. Thank you for visiting my fundraising pa through this site is simple, fast and totally secure. It is also th efficient way to donate: Parkinson's Disease Society will receiv money electronically and, if you are a UK taxpayer, an extra 2 Aid will be added to your donation at no cost to you. Please dc generously. The cycling challenge will take me east from Paris famous vineyard regions of Champagne and Burgundy. Skirtin plan is to reach the Roman Spa town of Lons-le-Saunier, at th Jura on the fourth saddle sore day and here's where the real c begins!. Ahead on the 5th day is the hairpin bends of the Col (1232m) - the gateway to Switzerland and the toughest part c challenge. This climb in the beautiful Jura Mountains is a regul the Tour de France. I have covered all my cost for travel and accommodation and all your contributions go directly to the Pa Disease Society. My father, suffered greatly in his later years i terrible disease and my sister Sian is also coping brilliantly wit condition also. I have all the motivation one would ever need i the Alps on my bike. It will take 6 months of training and if I h chance of crossing the Alps I will have to loose a few bolders c weight. With your kind support I can do it. Diolch o galon. Em

About our charity : Parkinson's Disease Society



The Parkinson's Disease Society (PDS) is the UK's leading charity dedicated to supporting all people with Parkinson's, their families, friends and carers

Parkinson's Disease Society Charity Registration No 258197 and Scotland SC037554

Our online fundraisers to date:

Display Name	Date	Amount	Tax Bonus	Comment
Robert Chapman	06/06/2008	£30.00	£8.46	Good Luck Emyr - Rob
Tobi Davies	04/06/2008	£30.00	£8.46	Pob lwc!
Teulu D'Auria	03/06/2008	£25.00	£7.05	Good luck Emyr, not that you'll need it. I v accompany you on your quest, but couldn taxi fare.
Jacqueline Jenkins	31/05/2008	£40.00		

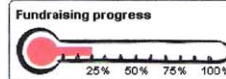
<http://www.justgiving.com/ea?from=UKSponsorExit>



About my charity: Action for M.E.

M.E. devastates the lives of around 240,000 people in the UK. They live with severe pain and exhaustion and many are left housebound or bedbound. Action for M.E. helps to improve the lives of people with M.E. by providing specialist support and information whilst campaigning for research, treatments and services. Charity Registration No 1036419

Fundraising target: £4,000.00
My donations to date: £ 1,147.50



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My personal message:

Thank you for visiting my fundraising page. This is my first attempt at the London Marathon. Training is going well and I am receiving alot of support and encouragement from my family, friends and work colleagues.

I have chosen to support 'Action for M.E.' because M.E. is a condition that affects people very close to me. Not many people know very much about M.E. and the money raised will help alot. Please dig deep and sponsor me online.

Donating through this site is simple, fast and totally secure. It is also the most efficient way to sponsor me: Action for M.E. will receive your money faster and, if you are a UK taxpayer, an extra 28% in tax will be added to your gift at no cost to you.

So please sponsor me now!

Many thanks for your support.

My online fundraisers to date:

Display Name	Date	Amount	Tax Bonus	Comment
Robert Chapman	31/01/2008	£100.00	£28.21	In SPG parlance, I hope you can sustain your performance until the end:best of luck.
Sian Howells	31/01/2008	£25.00	£7.05	With you all the way Karen
Geoff Davies	31/01/2008	£20.00	£5.64	Is New York next?!
Shaz	30/01/2008	£20.00	n/a	Go for it Karen but don't wear yourself out we need all of your energy for the Town Hall
Chris Binding	30/01/2008	£10.00	£2.82	Good luck Karen!
Dave Jones	30/01/2008	£10.00	£2.82	Good luck Karen :-)
Julie Rogers	28/01/2008	£10.00	n/a	We wish you the very best of luck, from the Rogers family, St Davids
The Improvement Consultancy Ltd	23/01/2008	£25.00	£7.05	Big journeys begin with a one step - well done!